



MHS exPRESS

Coaches provide motivation to Marlow runners

Destiny Nowlin
Writer

For most, the coaches are athletic instructors or trainers. For Marlow cross country, the coaches are much more.

Assistant coach Matt Ivory is no exception.

Sophomore Gavin Banks spotlighted Coach Ivory on his ability to continually motivate not only him individually but the whole team as well.

“Coach Ivory pushes me more than anyone,” Banks said. “He is the one that keeps pushing and pushing until I am at my greatest... then he pushes me even more.”

Coach Ivory explained that motivating his team is part of his duty as a coach.

“In a way, that is our job,” Coach Ivory said. “Truthfully, it is a passion and these guys make it easy to encourage them. They are great kids and the attitude of the team is very positive.”

One senior found her motivation to continue running through her coaches.

After having surgery on her hips the summer following her sophomore year, senior Hailey Parker sat out her junior year to allow herself to properly heal but was still actively involved with the team.

Now a senior and back to running, Parker has struggled getting back to where she was before undergoing surgery but works hard every day to strengthen herself with her coaches as her main motivators.



Picture submitted by Todd Brooks, Editor at The Marlow Review

“My cross country coaches are one of the biggest blessings I have received throughout high school,” Parker said. “Having them to push me through a hard year of adversity after coming back from hip surgery is such a big deal to me.”

Coach Ivory said that he has seen Parker progress since the beginning.

“Hailey has improved both mentally and physically from day one,” Coach Ivory said. “When she first arrived she struggled to complete a run but now it is not if she will run, it is how fast she

her biggest motivator.

“He has always been the most supportive coach,” Slate said. “He knows what we are capable of and he wants to push us all to that.”

Along with motivation while in uniform, the coaches rehearse three basic rules that will help the runners not only in sports but in life.

“1. Stay in the moment. 2. Do not cut corners. 3. Do not look back,” Coach Ivory said. “It is pretty simple.”

will run.”

Coach Ivory mentioned that the coaches make it their goal to identify each individual's needs as the season progresses but they enforce a few universal rules: have respect for each other, give consistent effort even when it gets tough, identify good leadership, and learn to trust your training.

Senior Kallie Slate recalled a memory in Sulphur when Coach Ivory enforced his own rules on himself.

“We were running trails in Sulphur and we were told it was only two miles. After about an hour, we started walking,” Slate said. “Normally when you see Coach Ivory running toward you, you start running but we were all so tired.”

“He ran to us and started walking and said, ‘I’m done, too.’ When he looked at his watch, he told us we had ran 4.6 miles. It was awful but it was so much fun,” Slate added.

Along with Coach Ivory, Slate said that Coach Eaves is

Custer shows bright future

Melissa Valencia
Writer

Making sure that everything adds up to a bright future, senior Allie Custer looks onward to the teaching field.

Custer is very involved in her school and takes part in various clubs and activities. Of the extra-curricular activities she takes part in, Math Club, Academic Team, and a robotics team helps her most in pursuing her dreams.

“These organizations have helped me confirm that being a teacher is what I want to do,” Custer said.

She plans on becoming a math education major with dreams of going on to teach middle school level education to early high school education.

Custer first aspired to be a teacher in the eighth grade due to Jesse Genn. Custer loved how excited Genn was about teaching and how Genn also made learn-

ing exciting as well. At this time, Custer initially thought of being an English teacher.

However, that all changed during Custer’s freshman year of high school.

There she had Tamra Fikes for Algebra 1. Custer loved the enthusiasm Fikes had towards math and how she brought out the best in Custer.

“I never really thought I was the best at math until Mrs. Fikes showed me how much I really liked it,” Custer said.

Fikes had then inspired Custer to pursue a teaching career in math. Custer hopes to have the same level of enthusiasm and love for math just as Fikes has.

“I believe Allie is going to do awesome as a teacher,” Fikes said.

Billy Daniel is another important figure in Custer’s life that has helped her decision in a career choice.

Custer has been the Marlow



ALLIE CUSTER

Outlaw Band drum major for the past two years. Custer believes that this position has helped to open her eyes to the behind the scenes work that truly goes on in the classroom.

Custer truly shows determination and strife towards her goals and senior Brittany Henry definitely takes notice.

“She always makes sure to get the job done and will not quit until it is done right,” Henry said.

Custer hopes on attending Oklahoma Christian University in Edmond.

EOI testing effects students

Jackson Miller
Writer

After years of using End of Instruction testing as the means of determining standards for graduation, the Oklahoma Department of Education is doing a turn-around by getting rid of it completely.

EOI tests have been used through the years to assess a student’s knowledge on core subjects.

Since these were standardized tests, each student was required to make a certain score before they could fully achieve course requirements in order to graduate.

This means that if one were to make below a passing score, that student would have to take the test again and take a remedial course for that class.

This agenda has been a controversial subject for both students and faculty alike.

Marlow High School counselor Brenda Parker handles the testing curriculum at the High School.

Parker says that there was speculation that the tests were to be terminated, but this was not confirmed until July 1.

Parker also adds that the end of EOI testing will bring a sense of normalcy to the way things are done and taught.

“Not only are tests gone, but remedial classes are as well. Students do not have to take any more remedial classes if they have failed a test,” Parker said. “This new agenda will make it easier for Teachers to actually teach without worrying about testing.”

Although it is phasing out, the current sophomores are still going to be required to pass a test to make up for the EOI.

This test will be called the Suite Assessment, which will consist of Math, English, Science,

and History.

Micah Elroy, a sophomore at MHS, is understanding towards this idea, but is also apprehensive towards placing all these requirements on the class of 2019 alone.

“It’s a little nerve-racking that all the pressure of the new assessment is being put on us,” says Elroy. “I am happy for everyone else, but I just wish it could be done a different way.”

Senior Miles Ellis thinks the state should not have implemented EOI testing to begin with.

“I think it is unfair that they made us take them in the first place,” Ellis states. “However, they did prepare me for ACT testing.”

State Legislators will meet during the next session of congress to discuss alternatives for the 2017-2018 state curriculum standards.

They will not know the new standards until as early as January 1 of next year.

“Suicide Squad” saves the day

a review by Cole Cloyd

“Suicide Squad” is a slightly flawed, yet thoroughly enjoyable superhero movie where the villains take center stage and prove they are just as good as the heroes.

“Suicide Squad” is an adaptation of DC Comic’s graphic novel series of the same name where misfit and under used villains of the DC storylines become assets into dangerous, covert suicide missions on behalf of the United States government in exchange for reduced prison sentences.

The film centers on the first operation of the newly formed squad composing of expert sharpshooter and concerned father Deadshot (Will Smith), psychopathic villain and Joker’s sidekick Harley Quinn (Margot Robbie), Army Special Forces officer Rick Flag (Joel Kinnaman), Australian bank robber Captain Boomerang (Jai Courtney), horribly mutated brute Killer Croc (Adewale Akinnuoye-Agbaje), former gangster and pacifist pyrokinetic El Diablo (Jay Hernandez), martial artist Katana (Karen Fukuhara), and mercenary Slipknot (Adam Beach).

There are additional appearances of psychopathic criminal mastermind the Joker (Jared Leto), Batman (Ben Affleck), and the Flash (Ezra Miller).

The film’s diverse cast is the best part of the film with highly talented actors who convey emotion with skill and subtlety.

The film shows a surprising amount of heart with the showcase of the villains’ tragic backstories such as Deadshot and his daughter’s relationship facing his criminal dealings and El Diablo’s motivation for his pacifism.

However, where the movie stumbles is in its comedy. The writing just does not seem to work with these characters, and an effect is that the quips and one-liners fall flat for the most part. That does not mean that the movie is not funny, but its the exception instead of the rule. Those expecting DC’s counter to Marvel’s similar venture into a group of misfit heroes “Guardians of the Galaxy” might be a little disappointed, as the films are similar in tone but appeal to different audiences.

While special effects look picturesque and create the moment to moment action expected from a great super hero movie, the camera work and editing are choppy. It is easily inferred that many scenes were cut from theatrical release, very similar to the release of “Batman vs Superman.”

Casual movie goers who are expecting another “Guardians of the Galaxy” and non-fans of the DC expanded universe might not find much to enjoy, but fans and people willing to ignore some small issues are sure to enjoy this romp about villains turned wannabe heroes.

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